

## ANGELBEYOND

**HEIKE STENZEL** 

## **Soul Reading Sessions**

In moments of confusion and disconnection from our true selves, a **SOUL reading Session** can serve as a powerful tool for realignment and inspiration. These sessions delve deep into the essence of who you are, offering insights that transcend the mundane and touch the spiritual core of your being.

By connecting with your soul's energy, a skilled practitioner – here it would be me - can help reveal the underlying patterns and truths that shape your life.

This process not only brings clarity and understanding but also elevates your state of mind, leaving you feeling rejuvenated and inspired to embrace your authentic path.

Whether you're seeking direction, healing, or simply a deeper connection with your inner self, a soul reading can be a transformative experience that reignites your passion and purpose.

Now, you feel a good foundation with my work in a Soul Reading and booked or are planning to schedule a session with me through my Contact form.

I work globally with clients and customers, and find Zoom a very beautiful way to connect with one another.

## What is next

You have come through my webpage or recommendation and contacted me.

- We find a suitable time and day for our Zoom room connection.
- You will receive the Zoom link after I have received your payment for the Sessions.
- The Session fee is at EURO 120.00
- Soul Reading last 45 Minutes 60 Minutes
- Please make sure that you are not disturbed throughout this time
- Have a glass of water with you.
- Use the Zoom link you have received from me.
- At the appointed time connect to Zoom.
- Here I will welcome you in a safe space from your own home.
- Make yourself comfortable in your space and where you sit.

## How I start the Soul Reading Session with you

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We will begin with a short centering process: Know you are safe! And close your eyes. I do too! We are centering ourselves through some breathing in and out.

- I am also trained in stress Management and breathing techniques through as I am holding a Yoga and Stress Management Instructor certification.
- Now, your initially nervousness, especially when it is your first time receiving such a soul coaching, will have lowered already. All is good!
- I now, may say that you can have your eyes closed throughout the whole session.
- Why? This is a beautiful state to stay focused and not wander around with your eyes and getting side tracked with the outer Self.
- You can relax and you will as you are in a beautiful safe space
- I am doing an invocation to the higher consciousness and inviting the highest guidance, clarity and healing coming through for you at this time
- Here we go, the flow will start and while you may have your eyes closed, or open you can feel or sense the energy comforting you to your best.
- I now have started the soul reading and it is a flow where I do receive the guidance and transmit this messages to you.
- I am in the flow for you as long as it last it can last up to 45 minutes or more
- After this I will bring you back into the HERE and Now
- Now, you have the time to have some question addressed in case they were not answered throughout the Soul Reading

- Often I find that my clients confirm that all of their questions they had in mind are answered but if not, here you still have time to get them clarified.
- After this is complete I close the session with gratitude to the higher consciousness, Angels and light-beings who have taken part in this time and space
- Time to say goodbye for now!
- Especially after a energetically Healing Session I often contact the client after a few days to see how they are and what they have processed and how they feel
- You will receive an audio recording from your Soul Reading Sessions by
- E-Mail or if the capacity allows through whats-app or better telegram
- Once you have received the audio recording you can tune back in to re-listen to the guidance that came in for you.

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Beforehand payments for the Sessions are required

- you can do a IBAN transfer, Revolut or PayPal in the currency of EURO
- You need to cancel the session?
- Please let me know within 24 hours in case you cannot make it to the session, and we reschedule for another time and date

THANK YOU FOR YOUR TRUST AND BE ASSURED ALL SESSIONS ARE CONFIDENTIAL, TRUSTWORTHY AND ALIGNED TO YOUR HIGHEST BEST AND GOOD